

10 things you can do to prepare for returning back to school

1 Practice Hand Washing

Have them wash their hands often throughout the day. Teach them to sing their ABCs or have them count for at least 20 seconds ensuring they wash front, back and in-between their fingers.



6 Update Immunizations

Medically verified immunizations will be required on or before the first day of school. Contact your child's doctor for an appointment.



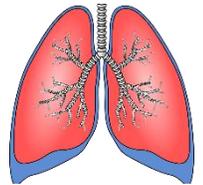
2 Practice Putting Mask On/Off

Your child may be asked to wear a mask if they present symptoms while at school. Mask use is highly recommended. Teach them to not touch the inside of their mask when taking it off.



7 Change Asthma Medication

Nebulizers may not be able to be administered in school. Speak with your child's doctor to update your child's asthma plan.



3 Make/Purchase Extra Masks

When possible, cloth masks should only be used one day, then washed. Consider making or buying multiple masks to give you proper time to wash them between use.



8 Purchase Reusable Water Bottle

These can be brought to school as water fountains may not be in service. If you are unable to do this, please contact the Elementary School Office/ Jr-Sr High School Office for assistance.



4 Practice 6 feet of Distance

Measure the distance on the floor. Consider laying pieces of paper down so your child can see what 6 feet, apart looks like.



9 Verify/Update Emergency Contacts

If your child presents with COVID-like symptoms, they will be placed in an isolation room and will need to be picked up immediately. Please ensure a contact can be reached at any given time.



5 Purchase a Thermometer

Check your child's temperature every morning. If 100.0 or higher, they must stay home until fever and COVID-like symptom free for 10 days since initial symptoms began.



10 Stay Informed

Educate yourself from reliable sources such as the CDC, Department of Health, and your local health department.

